

## Learn To Knit: Thumb Method Cast On



1. Loop a strand of yarn over your thumb making sure the end attached to the ball of yarn is at the back and the free end is at the front. Hold the free yarn down with your fingers or it will wiggle about!



2. Stick your needle into the loop going from the front to the back and making sure it goes a good way in, not just the points



3. Bring the strand of yarn attached to the ball of yarn around the back of the needle to the front, so it is now wedged between the front of the needle and your thumb



4. Dip the needle under and towards you to catch the new loop whilst flipping the first loop over the top at the same time. Hold the yarn in your right hand tight at all times or it won't work!



5. You have made your first stitch! You might need to pull on the yarn to tighten it to the needle



6. Loop a strand of yarn over your thumb as before (step 1) Remember to hold to yarn tight or it won't behave!



7. Stick your needle in as before (step 2) remembering to go right in, not just the points



8. Bring the strand of yarn attached to the ball of yarn around the back of the needle to the front, so it is now wedged between the front of the needle and your thumb

9. Dip the needle under and towards you to catch the new loop whilst flipping the first loop over the top at the same time. Hold the yarn in your right hand tight at all times or it will escape!



10. Tighten the stitch to the needle by pulling the yarn. You have now made a second stitch. Continue steps 6 to 9 until you have as many stitches as you need

# Learn To Knit

## Cast Off



1. Knit two stitches



2. Put the left hand needle into the front of the first stitch on the right hand needle.
3. Slide towards the tip of the needle.



4. Leap frog the first stitch over the top of the second and off the point of the needle.
5. Leave the second stitch you knitted on the needle.

6. Knit another stitch so that there are two stitches on the right hand needle again.
7. Repeat steps 2 to 5
8. When only one stitch remains on the right hand needle, cut the yarn attached to it and thread it through the loop.

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# Learn To Knit

## Knit Stitch

also known as Garter Stitch



Insert the right hand needle into the stitch going from the front of it straight through to the back, underneath the left hand needle. Be sure to stick your needle a fair way in, so you are working on the fattest part of the needle and not just the points.



Bring the yarn around the back of the right hand needle towards the front in a circular motion, going in between the two needles.



Dip the right hand needle under and bring towards you. Hold on to the yarn as you do this or the newly made stitch will escape! The new stitch will now be half on the right hand needle and half on the left.



Slide the rest of the new stitch up along the left hand needle to the tip and slip it off the end of it.



The new stitch is now completed on the right hand needle. Keep repeating these steps to finish the row. Once finished, all the stitches will now be on the right hand needle. Swap this needle to your left hand and the empty needle to your right hand and start all over again!

